



# Weekend Food Program!

Introducing a new program for WMS students who need extra food on the weekends: "Junior Husky Packs."

Please help our community with food donations. Those students will receive a bag of essential food items each Friday afternoon while school is in session.

## All donations will benefit WMS students.

Look for bins near the school entrance everyday or you can bring items to parent-teacher conferences.

### ITEMS OF GREATEST NEED:

- Single-Serve Packets of Oatmeal
- Instant Breakfast Shakes
- Cans of ravioli & spaghetti
- Cans of tuna & chicken
- Cans of beans & refried beans
- Small containers of nuts & nut butter
- Cans of chili, stews & hearty soups
- Applesauce & Fruit Cups (low or no sugar)
- Clean paper and plastic grocery bags
- Cans of low-sodium vegetables
- Cans of fruit (packed in juice)
- Whole-grain crackers
- Raisins in serving size packets
- Pudding Cups
- Granola Bars
- Microwave popcorn
- Shelf-stable milk

*Financial donations are being accepted through the WMS Annual Fund at [www.wmsptsa.com](http://www.wmsptsa.com). Please note "Junior Husky Packs" on your gift.*

We are grateful for the support of **St. Mary's Food Bank** for helping us launch this program.

**Questions? Volunteer?** Contact Program Coordinator Tasha Irvine at [tashasirvine@gmail.com](mailto:tashasirvine@gmail.com).

**In need?** Request confidential assistance from Nurse Palumbo at [rupalumbo@seattleschools.org](mailto:rupalumbo@seattleschools.org) or (206) 252-2600.

*In collaboration with  
Seattle Council PTSA  
and Food for Schools*



**FOOD FOR SCHOOLS**

